

PE Whole School Overview 2025/26						
Nursery	Develop movement, balance, riding and ball skills. Go up and down stairs and steps. Climb up and down apparatus. To be able to use alternate feet. Skip, hop, stand on one leg and hold a pose. Follow simple instructions moving to remembering a sequence of instructions. To follow movement patterns and rhythm to music. Match and choose appropriate physical skills to complete activity or task, for example to choose to walk, crawl, run along apparatus depending on width and length.					
Reception	Revise the fundamental movement skills that have been acquired. Progress through a more fluent style of moving, with control and grace. Develop the overall body strength, coordination, balance and agility needed to engage in all types of sessions such as dance, gymnastics and sports. Use core muscle strength to achieve a good posture. Combine different movements with ease and fluency. Use a range of large and small apparatus and equipment, both indoors and outdoors. Develop and define a range of ball skills including throwing, catching, kicking, passing, batting and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve ball skills.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Focus	Attack and Defence Football/hockey	Send and Return Basketball/Netball	Control/Balance/ Flexibility Gymnastics	Control/Balance/ Patterns Creative Movement Dance	Outdoor Hit/Catch/ Run Cricket/Rounders	Outdoor Throw/Jump/Run Athletics
Nursery (PE PASSPORT PIPPA AND EDDIE)	Under The Sea	Fantasy Fairy Tale	An Encounter With Pirates	An adventure with the Emergency Services	A Day on The Farm	Visiting the Zoo
Reception	Manipulation and Coordination	Body Management	Gymnastics	Creative Movement (Dance)	Cooperate and Solve Problems	Speed Agility Travel
Year 1	Attack and Defence	Send And Return	Gymnastics	Creative Movement (dance)	Hit Catch Run	Run Jump and Throw Sport Day Prep

Year 2-3 2025/26	Football (6 Lessons) Hockey (6 lessons) Year3	Basketball (6 lessons) Netball (6 lessons) Year 3	Gymnastics Year 3	Creative Movement (dance) Year 3	Cricket (6 Lessons) Rounders (6 Lessons) Year 3	Athletics Sports day Prep Year 3
Year 4	Swimming Hockey (6 lessons)	Swimming Basketball (6 lessons)	Swimming Gymnastics	Swimming Creative Movement (dance)	Swimming Rounders	Swimming Athletics Sport Day Prep
Year 5	Football (6 Lessons) Hockey (6 lessons)	Basketball (6 Lessons) Netball (6 Lessons)	Gymnastics	Creative Movement (dance)	Cricket (6 Lessons) Rounders (6 Lessons)	Athletics
Year 6	Football (6 Lessons) Hockey (6 lessons)	Basketball (6 Lessons) Netball (6 Lessons)	Gymnastics	Creative Movement (dance)	Cricket (6 Lessons) Rounders (6 Lessons)	Athletics